

# BAL HARBOUR

- V I L L A G E -

**UPDATE #12 COVID-19**

**March 18, 2020 (11:45 AM)**

The Village of Bal Harbour has been notified by Young Israel of Bal Harbour, located in neighboring Surfside, that Rabbi Moshe Gruenstein has been diagnosed presumptive positive with novel coronavirus disease COVID-19. The Rabbi is in self-quarantine at home at this time.

Soon, our residents may be contacted by the Florida Department of Health and CDC to direct those who may have been in close contact with the Rabbi to seek medical attention and testing.

**Residents are strongly encouraged to practice social distancing, which includes avoiding crowds and contact with individuals outside your immediate family. You are also encouraged to avoid any unnecessary travel, including leaving your residence.**

**If you have been in "close contact" with Rabbi Gruenstein in the past 14 days, please self-isolate in your homes with your nuclear family only, for a period of 14 days.**

"Close contact" is defined by the CDC as (a) "being within approximately 6 feet of a COVID-19 case for a prolonged period of time; close contact can occur while caring for, living with, visiting, or sharing a health care waiting area or room with COVID-19 case, or (b) having direct contact with infectious secretions of a COVID-19 case (e.g. being coughed on).

If you have not been in "close contact" with Rabbi Gruenstein in the past 14 days, but have had close interactions with other individuals who have, you should self-monitor for the next 14 days. According to the CDC, "Self-monitoring means people should monitor themselves for fever by taking their temperatures twice a day and remain alert for cough or difficulty breathing. If they feel feverish or develop measured fever, cough, or difficulty breathing during the self-monitoring period, they should self-isolate, limit contact with others, and seek advice by telephone from a healthcare provider or their local health department to determine whether medical evaluation is needed."

If you have not been in "close contact" with Rabbi Gruenstein in the past 14 days, and have not had close interactions with other individuals who have, please practice stringent "social distancing." CDC defines "social distancing" as "Social distancing means remaining out of congregate settings, avoiding mass gatherings, and maintaining distance (approximately 6 feet) from others when possible.

## **Information from the Florida Department of Health**

If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, the Florida Department of Health (DOH) recommends the following in order to be tested:

- Call the DOH Epidemiology Department at (305) 470-5660 for guidance, or
- Contact your primary care physician, explain your symptoms and whether or not you have been in contact with someone who has tested positive for COVID-19 over the past 14 days, or
- Contact an urgent care facility or hospital emergency room, explain your symptoms and whether or not you have been in contact with someone who has tested positive for COVID-19 over the past 14 days.

You may reach the Miami-Dade County Florida Department of Health COVID-19 hotline at (305) 324-2400. For questions about COVID-19 in Florida, please call the Florida Department of Health at 1-866-779-6121. As always, the health and well-being of our residents remains the top priority for your Bal Harbour Village government. We will continue to provide regular updates as warranted.